

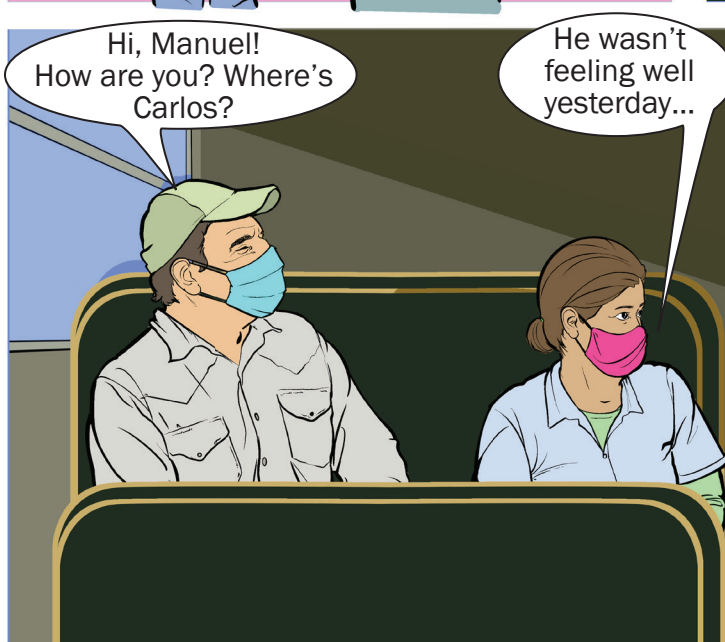
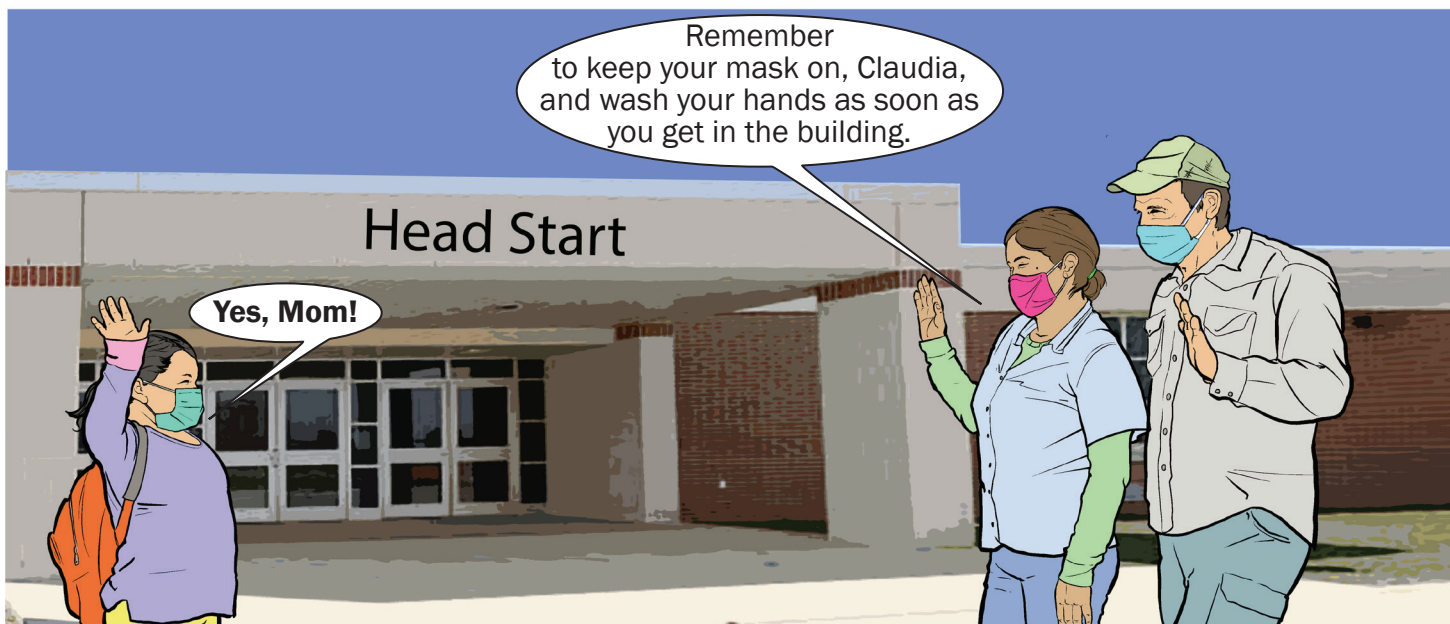
KEEPING OUR DISTANCE TO KEEP EACH OTHER SAFE

ISSUE 1



COVID-19 prevention at home and at work





If Carlos is sick, we've all been exposed.

We need to be more careful about distancing. Otherwise everyone at work will infect each other. And our families, too!

How can we distance? We work together and all ride in the same buses.

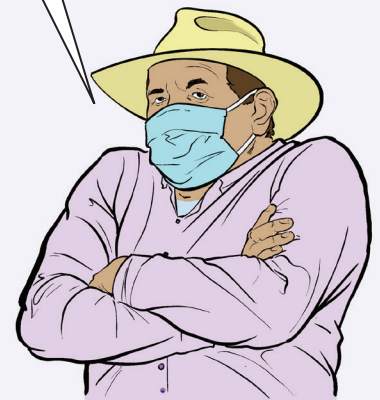
Let's open the windows. It's difficult to distance on the bus, but we can create airflow to limit the amount of virus that's hanging around. It doesn't protect us 100%, but it helps.

And put your mask on, Manuel! That helps to protect you, too.

We can spread out in the fields while we work. We should pick in different rows, six feet apart.

And when we eat lunch, we should sit spread apart. We can still talk, but at a distance.

I understand how to distance in the fields. But what about at home? Our house is too small for us to stay spread apart.



Our house, too.
But we can still maintain as much
distance as possible. We're going to move
our mattress into the living room so that
grandma has the bedroom
to herself.

The rest
of the time, we'll
all wear our
masks.

I could sleep on the couch.
And Carlos and I can still hang out—
just in different rooms.



Hi, sweetie!
I can't give you a hug right now.
Dad and I might be sick.

We feel fine!
But there's
a chance we
have the virus,
so we have
to be careful.
We want to
protect you
and grandma
as much as
possible.



Well, we'll have to stay
six feet apart at all times. We'll still eat dinner together—but on
opposite sides of the house. If it's not too cold, we can even
eat outside.

Protect us?
How?



We should wear our masks in the house, then. Claudia, go and get them.

Irma and I have to stay far away from other people. I'll see if my cousin Marta can drop off groceries—that way we don't get close to people in the store.

And let's clean the kitchen with soap and disinfectant, just like they do at the Head Start center!

I'm going!

Marta was going to have a birthday party this weekend. We probably shouldn't go, should we?

No, we can't go. We have to protect our family and our community.

We'll drop off a gift instead.

That's right. If we keep our distance, we keep our loved ones safe!





PODER en SALUD is a national project of PROCEED, Inc. that is 100% supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) under CDC/HHS Funding Opportunity OT18-1802, entitled "Strengthening Public Health Systems and Services through National Partnerships to Improve and Protect the Nation's Health." The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

