

# IF YOU KNOW YOU CAN PROTECT THEM

ISSUE 1



## COVID-19 testing and asymptomatic spread





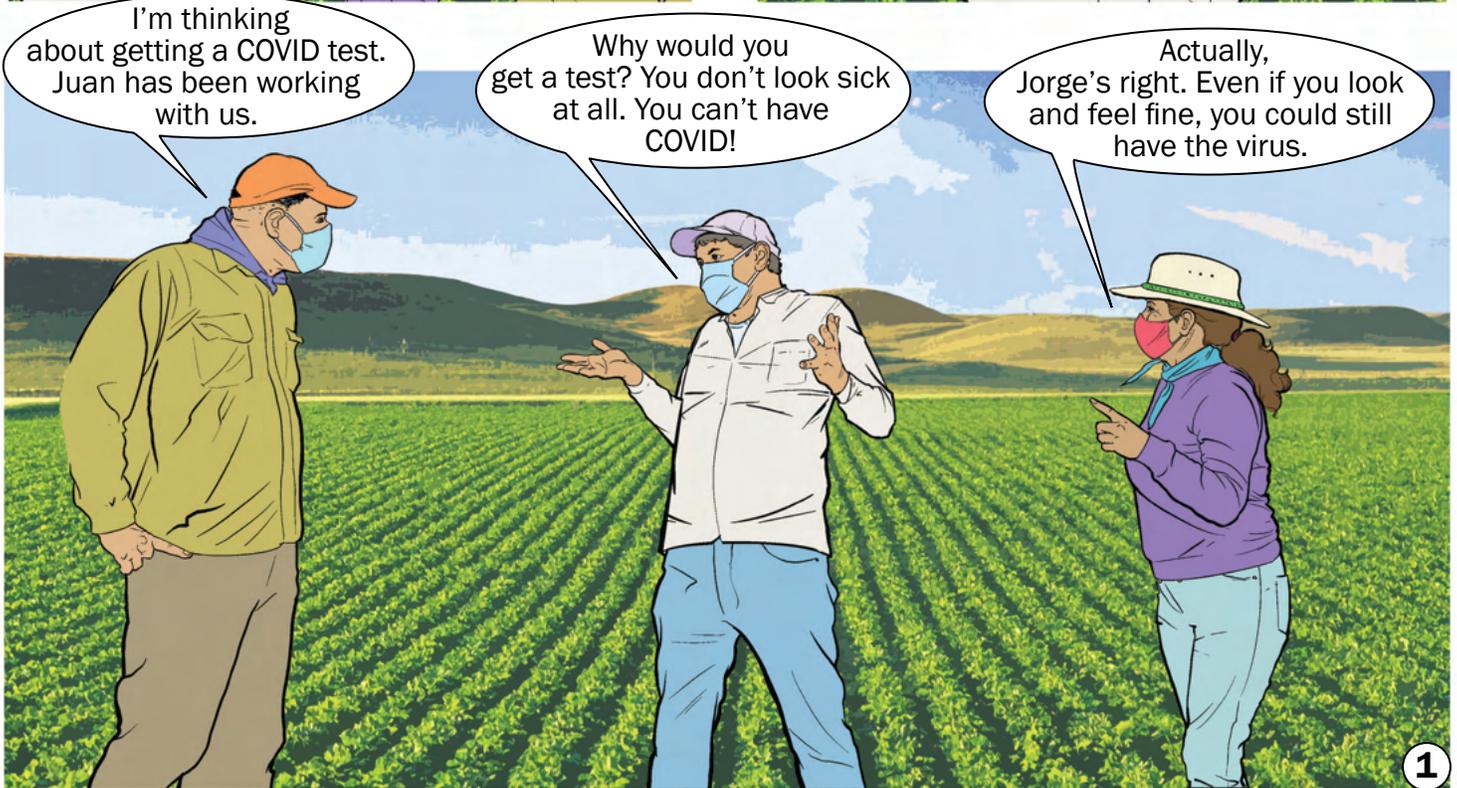
Workers prepare to take their break and wait their turn to wash their hands.



I'm so tired of wearing this mask. It's hot.

Yeah, but did you hear about Juan? Someone just told me-- he caught COVID, and he's really sick. Who knows when he'll be able to come back to work.

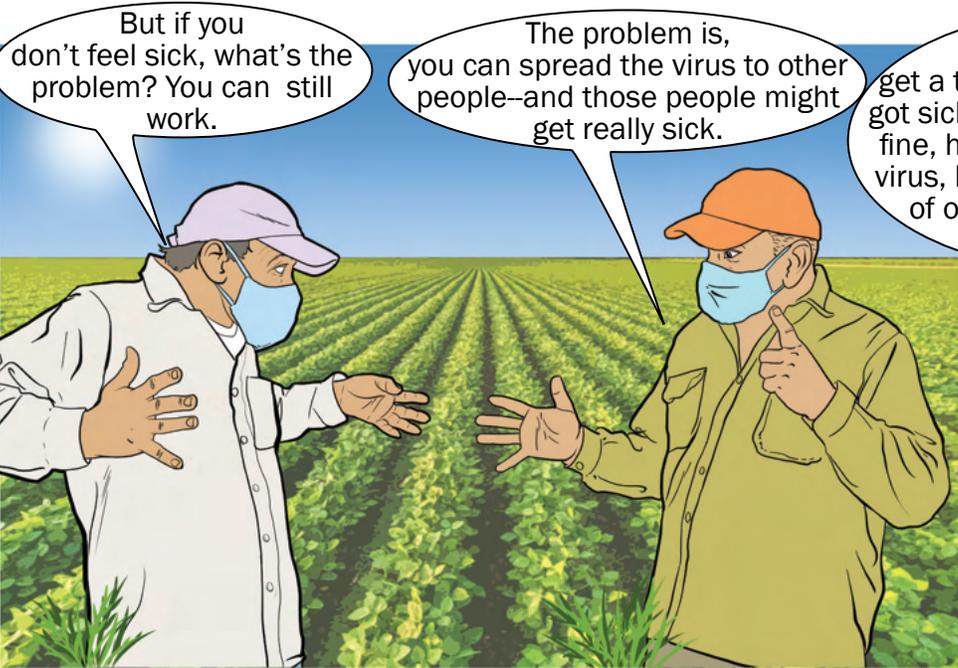
I hadn't heard. But I feel completely fine.



I'm thinking about getting a COVID test. Juan has been working with us.

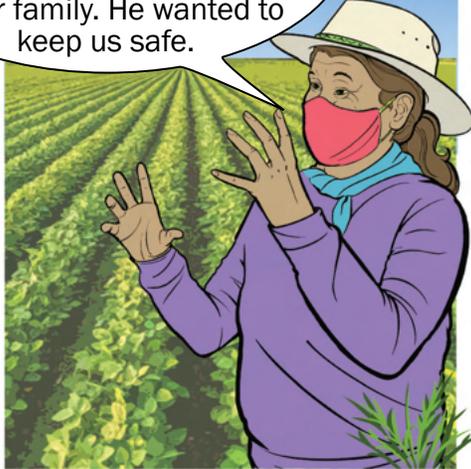
Why would you get a test? You don't look sick at all. You can't have COVID!

Actually, Jorge's right. Even if you look and feel fine, you could still have the virus.



But if you don't feel sick, what's the problem? You can still work.

The problem is, you can spread the virus to other people—and those people might get really sick.



My son decided to get a test when his mayordomo got sick. Even though my son felt fine, he knew that if he had the virus, he could give it to the rest of our family. He wanted to keep us safe.

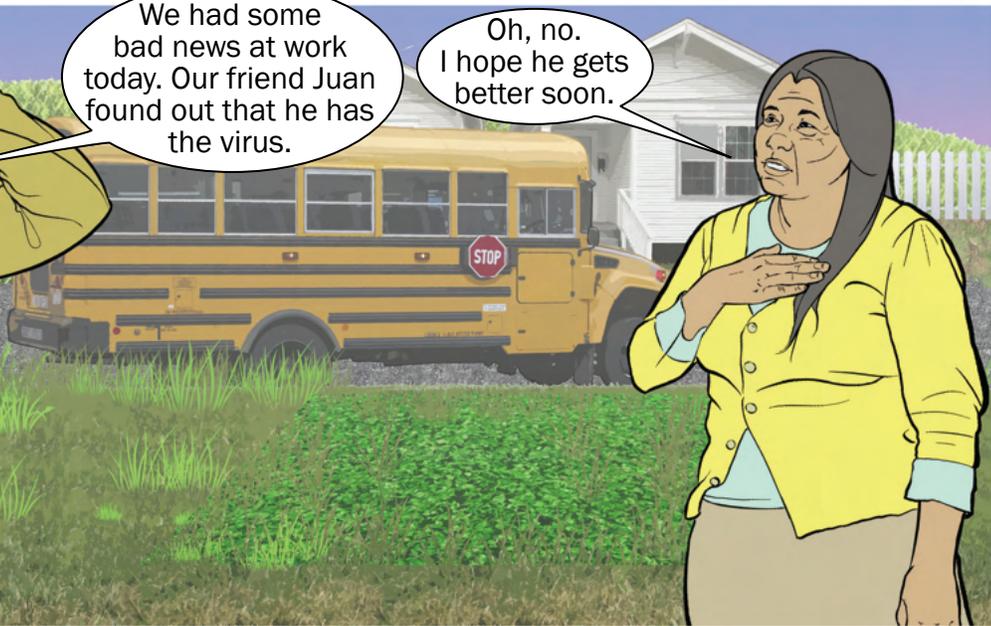


I'm thinking about my grandmother who lives with us, and my mom. I want to protect them. Martha, where can I go to get a test?

Call the health center that's closest to your home. They can tell you where to go. Some places are even offering COVID testing for free. But remember—while you're waiting to get your test results back, you need to be extra careful. Wear your mask, wash your hands and stay far away from people. You don't know whether you have the virus or not.



We had some bad news at work today. Our friend Juan found out that he has the virus.



Oh, no. I hope he gets better soon.

I hope so, too. In the meantime, I'm thinking about getting tested. I want to keep you and abuela safe.



Are you feeling okay? Do you need me to make you some tea?

I'm feeling fine, abuela, but I could still have the virus and not know it.



Let's have dinner outside tonight. We can sit farther apart, and that way the virus doesn't hang around in the house.



If I get tested, I'll know for sure if I have COVID or not.



It's better to know. That way, if you are sick, you can take extra steps to keep our family safe. And if not, we'll have some peace of mind.

Jorge, while you're waiting for your results, you should stay home unless it's absolutely necessary to leave. I'll get the groceries and go to the pharmacy.







PODER en SALUD is a national project of PROCEED, Inc. that is 100% supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) under CDC/HHS Funding Opportunity OT18-1802, entitled "Strengthening Public Health Systems and Services through National Partnerships to Improve and Protect the Nation's Health." The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

